

Week of Feb. 6	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Choice "A"	Maple ham, saffron rice sauteed cauliflower	Eggplant parmigiana	Hot pork sandwich, homemade slaw and wedge potatoes	Pancakes, breakfast sausage, baked beans and potatoes	Herb & citrus roasted basa loin with boiled potatoes and swiss chard
Choice "B"	Grilled salmon, saffron rice, sauteed cauliflower	Chili con carne, garlic bread	Udon noddles with chicken and vegetables	Turkey and cheese croissant	Homemade meat loaf with boiled potatoes and swiss chard

Week of Feb. 13	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Choice "A"	Barbecue chicken, mash potatoes and sauteed california vegetables	Chicken fajitas with a root vegetables	Smoked meat poutine	Seafood paella	Beef taco with guacamole and a bean salad
Choice "B"	Penne with sundried tomatoes and mushrooms	Veal sausage, root vegetables	Tortellini nicotera (mushrooms, meatsauce, rose sauce)	Chicken cutlet with lemon wedge potatoes and sauteed broccoli	Quinoa pasta with a kale pesto sauce

Week of Feb. 20	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Choice "A"	Curry chicken, with white rice and sauteed vegetables	Beef stew with carrots, turnips and potatoes	Marinated maple chicken thighs, sauteed broccoli	Homemade hamburger with glazed onions and sweet potato wedges	Salmon burger with homemade coleslaw and wedge potatoes
Choice "B"	Pennette rose	Smoked salmon and spinach fusilli	Lasagna	Quinoa stuffed zucchini	Homemade mac and cheese

Week of Feb. 27	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Choice "A"	Homemade shepherd's pie	Roasted chipotle pork and mashed yukon gold and buttered spinach	Oven roasted chicken leg with julienne of vegetables and wedge potatoes	Mexican stir-fry chicken with colorful vegetables on white rice	Cheese pizza

Choice "B"	Penne with cannellini beans and escarole	Stuffed peppers with rice and minced beef	Spaghetti Bolognese	Beef and broccoli on a bed of couscous	Sloppy Joe
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